

1. **What is The Correct Stirrup Length?:** <https://youtu.be/0V7v0XCnwaY> or <https://www.youtube.com/watch?v=0V7v0XCnwaY>
2. **Six Horse Grooming Tips for a Show Ring Shine** <https://www.wideopenpets.com/six-horse-grooming-tips-show-ring-shine/>
<https://youtu.be/DYqu4oen0cs> (we never brush tails though!)
3. **Part 1: How to Groom** <https://youtu.be/DYqu4oen0cs> (we never brush tails though!)
4. **Part 2: How to Groom** <https://youtu.be/IEzqsp4gZV0>
5. **How to Bathe** https://youtu.be/ObnT_R9v4kk
6. **The secret of a successful halt:** <https://youtu.be/QoH3YNu2Xes> or <https://www.youtube.com/watch?v=QoH3YNu2Xes>
7. **How Ride an Accurate 20 meter circle:** <https://youtu.be/QjZOcdH4Mzk> or <https://www.youtube.com/watch?v=QjZOcdH4Mzk>
8. **How to Keep a Contact in Loose Rein**
Walk: <https://youtu.be/qvirA9sEtsA> or <https://www.youtube.com/watch?v=qvirA9sEtsA>
9. **Really Fantastic Article about benefits of Long/Low/Stretching & Ground Poles:** <http://www.horsemagazine.com/thm/2010/10/brilliant-basics-with-ingrid-klimke-two-stallions/>
10. **How to Engage Your Horse's Back:** <https://youtu.be/l8cOq7YWXys> or <https://www.youtube.com/watch?v=l8cOq7YWXys>
11. **How Do I Keep My Leg Long When Giving Leg Aids?**
Video: https://youtu.be/Un_wATK3tuA or https://www.youtube.com/watch?v=Un_wATK3tuA
12. **Equine Physiology & Fitness - Simple Exercises and Routines to Reprogram Dysfunctional Movement (Great examples of pole work & stretches!):** <https://www.horsejournals.com/riding-training/english/dressage/equine-physiology-fitness>
13. **How to Dismount Correctly:** <https://youtu.be/wgboBwPEZvU>
14. **How Do I Keep My Horse Straight:** <https://youtu.be/GpC2ZP4eiRQ>
15. **"How to Get Your Horse On The Bit Using Your Legs" - Correct Connection**
Video: <https://youtu.be/iht8yvlmniQ> or <https://www.youtube.com/watch?v=iht8yvlmniQ>
16. **VERY IMPORTANT Stretch vs Low Head:** <https://blog.dressagenaturally.net/54-stretch-vs-low-head>
17. **VERY IMPORTANT AS WELL: The 3 Must Knows About Half Halts - Dressage Mastery TV** - <https://www.youtube.com/watch?v=dmbZwl4HLs4> or <https://youtu.be/dmbZwl4HLs4>

18. **How to Do Half Halts (explained in detail) - Tash**
TV - <https://youtu.be/qZShy1v0gjA> or <https://www.youtube.com/watch?v=qZShy1v0gjA>
19. **Understanding the Half Halt - Dressage Mastery TV**
- <https://www.youtube.com/watch?v=9YDCKIVxsOQ> or <https://youtu.be/9YDCKIVxsOQ>
20. **The (Simple?) Halt To Walk Transition>>** <https://www.horselisting.com/2017/10/11/the-simple-halt-to-walk-transition/>
21. **An Awesome Over-The-Back Suppling Warm-Up At The Walk**
- <https://www.horselisting.com/2016/03/21/an-awesome-over-the-back-suppling-warm-up-at-the-walk/>
22. **Improve Your Horse's Walk:** <https://www.yourhorse.co.uk/advice/improve-your-riding/articles/2016/4/11/4-exercises-to-improve-your-horses-walk>
23. **A Great Video On Benefits of Stretchy Trot & great example of a good stretchy trot:** <https://youtu.be/zk1Yy16LQpA> (start at 42 SECONDS) Really great example! Same thing in the free walk.
24. **Equine Wellness: Pole Work To Shake Things Up -Ground Pole Work**
Examples: <https://equinewellnessmagazine.com/pole-work/>
25. **Is Your Horse Stiff On One Side?** *REALLY GOOD about evaluating your imbalances as a rider and how it impacts a horse!* <https://youtu.be/9UO2MBAh3sU>
26. **"The Importance of the Walk"** - <https://youtu.be/mPHRiEWem4s>
27. **Correct Arm and Hand Riding Position:** <https://youtu.be/cGSqmHVXCKs>
28. **Finding the Ideal Free Walk:** <https://dressagetoday.com/instruction/finding-the-ideal-free-walk>
29. **Topline muscle development of the horse:** <https://youtu.be/SnRAK6dBD08>
30. **What is the Outside Rein & Horse to Use It:** <https://youtu.be/QInTUfmGuug>
31. **How To Turn Without Using Your Inside**
Rein: <https://www.youtube.com/watch?v=QAV8vvnePLg>
32. **How to Do A Good Free Walk for Dressage:** <http://www.janesavoie.com/how-to-do-a-good-free-walk-for-dressage/>
33. **The Magic Behind the Poles:** <https://www.horsejournals.com/blogs/jec-ballou/magic-behind-poles>
34. **"Riding the Right Way":** <https://jecballou.com/ride-the-right-way/>
35. **"How to Keep a Contact in Loose Rein Walk"** - <https://www.youtube.com/watch?v=qvirA9sEtsA>
36. **How to Use Your Leg While Riding:** <https://stridesforsuccess.com/leg-riding/>

37. **Finding the Ideal Free Walk** - <https://dressagetoday.com/instruction/finding-the-ideal-free-walk>
38. **Stretch & Flex Your Horse:** <https://www.yourhorse.co.uk/advice/improve-your-riding/articles/2016/4/19/simple-ways-to-stretch-and-flex-your-horse>
39. **The Tail Stretch: Spinal Decompression For Your Horse:** <https://www.heavenlygaitsequinmassage.com/tail-stretch-spinal-decompression-horse/>
40. **How Does It Feel When My Horses Uses His Back:** <https://www.youtube.com/watch?v=MICiUzw1xlc> or <https://youtu.be/MICiUzw1xlc>
41. **15 Riding Exercises to Correct Common Leg, Seat and Hand Problems:** <https://practicalhorsemanmag.com/training/exercises-to-correct-common-riding-problems>
42. **Dressage Gold with William Micklem: The Constants for Dressage:**
 - a. <http://eventingnation.com/dressage-gold-with-william-micklem-the-constants-for-dressage/>
43. **Stretching Benefits & Guidelines:** <http://www.stretchyourhorse.com/horse-stretching-benefits-and-guidelines.html>
44. **How To Stop My Horse from Falling**
In: https://youtu.be/_pMYaTfUtM or https://www.youtube.com/watch?v=_pMYaTfUtM
45. **REALLY GOOD VIDEO How to Do A Stretchy Trot:** <https://youtu.be/5gTV1P495fc> or <https://www.youtube.com/watch?v=5gTV1P495fc>
46. **How to Get a Young Horse Out in the Neck:** <https://youtu.be/hUiMMfLMI5c>
47. **"Transition Your Way to a Better Ride"** - <http://www.bluebirdlane.com/transition-your-way-to-a-better-ride.html>
48. **How To Keep Your Hands Quiet While Riding:** https://youtu.be/TdF_T1V3aCM or https://www.youtube.com/watch?v=TdF_T1V3aCM
49. **Classical Training: This is not Lightness** - <http://www.eurodressage.com/2017/05/07/classical-training-not-lightness>
50. **More Advanced Ground Pole Exercises:** <http://eventingnation.com/5-ground-pole-exercises-to-add-to-your-winter-routine/>
51. **More Ground Pole Benefits/Exercises:** <https://cowgirlmagazine.com/ground-poles/>
52. **Walk & Trot + Walk & Halt Transitions:** <https://youtu.be/KWSDMb894kU>
53. **Classical Dressage Riding Tips // Riding From Back to Front** - <https://youtu.be/pHNOXFQGj5I>
54. **Correct Rider Leg Position** - <https://youtu.be/D4WVbbzMvhs>

55. **How to Fix Your Chair Seat**
Position - <https://youtu.be/5ch4qy4Edvc> or <https://youtu.be/m2kL58kqLaw>
56. **The importance of ground work** - <https://youtu.be/G-mMfRwICsc>
57. **What Does On the Bit mean?** https://youtu.be/9_PCv6wU_iE
58. **What is a Ewe neck?** <https://youtu.be/yM86cwYSRC4>
59. **Betsy Steiner's Thirty Minute Warm-Up From top FEI dressage rider/trainer Betsy Steiner, an easy-to-remember warm-up program that completely prepares you and your dressage horse to school, take a lesson, or ride a test.** - <https://www.equisearch.com/articles/stein41503>
60. **How Ride A Good Walk-Trot Transition:** <https://howtodressage.com/dressage-movements/how-to-ride-a-good-trot-walk-transition/>
61. **The Secrets of the Half Halt Trainer Conrad Schumacher explains step by step how to master the intricacies of the half halt and ride it correctly—whatever the situation.**:<https://dressagetoday.com/instruction/secrets-halt-25099>
62. **The Misunderstood Half Halt: The Alphabet of Riding:** <https://www.horsemagazine.com/thm/2016/04/the-misunderstood-half-halt-the-alphabet-of-riding/>
63. **The half halt: a simple guide on how to ride it**
Read more at <https://www.horseandhound.co.uk/dressage/the-half-halt-10-top-tips-154238#RRosG4LKTfV6EvVx.99> or <https://www.horseandhound.co.uk/dressage/the-half-halt-10-top-tips-154238>
64. **How to Prevent your Horse from Curling Behind the Bit** <https://www.youtube.com/watch?v=EbCmpjMmZ6s> or <https://youtu.be/EbCmpjMmZ6s>
65. **How to Develop an Independent Seat:** <https://www.youtube.com/watch?v=WlzGpCeba6Q> or <https://youtu.be/WlzGpCeba6Q>
66. **How to Sit in the Saddle and Move with your Horse**
- <https://youtu.be/29tzSVH5ccw> or <https://www.youtube.com/watch?v=29tzSVH5ccw>
67. **Tips to becoming more effective as a rider** <https://www.youtube.com/watch?v=Cw5mvkIYQI8> or <https://youtu.be/Cw5mvkIYQI8>
68. **Robert Dover: Passive vs Active Seat (The braced back)** <https://www.youtube.com/watch?v=fDrVkyv5Jlc> or <https://youtu.be/fDrVkyv5Jlc>
69. **Robert Dover: Teaching the Bending Aids:** <https://www.youtube.com/watch?v=jX-Xv1JFPtA> or <https://youtu.be/jX-Xv1JFPtA>

70. **What is a BROKEN NECKLINE?** <https://www.youtube.com/watch?v=SysGRsBSm8s> or <https://youtu.be/SysGRsBSm8s>
71. **Correct Contact, Young Horse Dressage Training** <https://www.youtube.com/watch?v=sXQ40HitDxE> or <https://youtu.be/sXQ40HitDxE>
72. **How to better your position to get more throughness taught by Dressage star Lars Petersen** https://www.youtube.com/watch?v=1q21N_1FPkg or https://youtu.be/1q21N_1FPkg
73. **Dressage With Dr. Ulf Moller On Keeping The Contact** <https://www.youtube.com/watch?v=rg64Zh9SQes> or <https://youtu.be/rg64Zh9SQes>
74. **Catherine Haddad - How to effectively sit in the saddle & position for optimal effectiveness (Dressage seat)** <https://www.youtube.com/watch?v=PV9tfb61Zgl> or <https://youtu.be/PV9tfb61Zgl>